

# TEXAS GIRLS COACHES ASSOCIATION

## 2009 El Paso Satellite Sports Clinic

Montwood High School, Socorro ISD

July 23 & 24, 2009

**CLINIC FEES: \$25 for current TGCA members/ \$50 for non-current or new members.**

*UIL presentation will be presented at NO CHARGE on Thursday night. Lectures will only be open to registered attendees. DEC's & AD's are complimentary.*

### FEATURED SPEAKERS:

**Basketball:** Romi Aragon, Socorro HS

**Cross Country:** John Thomas, Andress HS

**Soccer:** Gilbert Widner, Del Valle HS

**Softball:** Richard Rodriguez, Montwood HS

**Volleyball:** Tracy Lutich, Clint HS

**Track & Field:** Jacob Heidenreich/David Elliott, Chapin HS

**UIL:** Cliff Odenwald, Director of Athletics

**UIL:** Traci Neeley, Asst. Dir. Of Athletics

**UIL:** Sheila Henderson, Asst. Dir. Of Athletics

**TGCA:** Sam Tipton, Executive Director

## THURSDAY

1:00 pm – 2:00 pm	DEC Meetings	
2:00 pm – 3:15 pm	UIL/DEC	
3:30 pm – 5:00 pm	UIL Meet with El Paso Athletic Directors	
4:00 pm – 5:00 pm	Registration for Coaches	
5:00 pm – 6:30 pm	UIL Updates & More (NO CHARGE FOR THIS SESSION)	
6:45 pm – 8:45 pm	<b>SPORTS LECTURES</b> (Lectures presented by El Paso coaches.)	
Basketball Hands On Demo – Romi Aragon, Socorro HS		Aux Gym
Cross Country Lecture – John Thomas, Andress HS		
Soccer Lecture – Gilbert Widner, Del Valle HS		Soccer Field
Softball Lecture – Richard Rodriguez, Montwood HS		Softball Field
Track Lecture - Jesse Lopez, Chapin HS		
Volleyball “Hands On” Demo – Tracy Lutich, Clint HS		

## FRIDAY

8:00 am – 9:00 am	Registration for Coaches	
9:00 am – 10:00 am	<b>SPORTS LECTURES</b>	
Basketball Lecture – <i>Jeremy Williams, Wall HS</i>		
Soccer Lecture – <i>Chris Stricker, Coppell HS</i>		
Softball Lecture – <i>Randy Porter, Weatherford HS</i>		
Track Lecture – <i>Steve McBride, Byron Nelson HS - “Shot &amp; Discus”</i>		
Volleyball Lecture – <i>Kari Bensend, Frisco Centennial HS - “Conditioning/Off Season”</i>		
10:10 am – 11:10 am	<b>SPORTS LECTURES</b>	
Basketball Lecture - <i>Jeremy Williams, Wall HS</i>		
Soccer Lecture - <i>Chris Stricker, Coppell HS - “Conditioning &amp; Off-Season”</i>		
Softball Lecture - <i>Randy Porter, Weatherford HS</i>		
Track Lecture – <i>Ray White, Lewisville HS - “Long Jump/Triple Jump”</i>		
11:10 am – 1:00 pm	<b>LUNCH BREAK</b>	
1:00 pm – 2:00 pm	<b>SPORTS LECTURES</b>	
Softball Lecture – <i>Randy Porter, Weatherford HS - “Conditioning &amp; Off-Season”</i>		
Track Lecture – <i>Ray White, Lewisville HS - “Sprints/Starting Blocks”</i>		
Volleyball Lecture – <i>Kari Bensend, Frisco Centennial HS</i>		
2:10 pm – 3:10 pm	<b>SPORTS LECTURES</b>	
Basketball Lecture – <i>Jeremy Williams, Wall HS - “Conditioning &amp; Off-Season”</i>		
Soccer Lecture - <i>Chris Stricker, Coppell HS</i>		
Track Lecture – <i>Steve McBride, Byron Nelson HS - “High Jump/Pole Vault”</i>		
Volleyball Lecture - <i>Kari Bensend, Frisco Centennial HS</i>		